

Emergency First Aid at Work

The one-day Emergency First aid at work course is appropriate for those 16 and older. This is a basic course covering some illnesses and injuries which may occur in the workplace, this may suffice a workplace following a requirements assessment. Please note that this is a Basic course and may not suffice a first aid business requirements assessment- this may be due to employees having a diagnosis of an illness not covered in Emergency first aid- your business may then require students to attend a three-day first aid at work course.

What can be learnt at the EFAW course?

Students will practise and acquire the abilities and self-assurance needed to assist someone who is:

- unresponsive and not breathing, including how to use of an automated external defibrillator (AED)
- unresponsive and breathing
- choking
- bleeding heavily
- suffering from shock
- burnt

The course also covers the following topics:

- assessing a casualty
- monitoring a casualty
- where to get help
- electrical incidents
- accident recording and reporting
- the control of substances hazardous to health (COSHH).

Learning and assessment

Our courses meet and exceed the standards set by the HSE for what is required of training providers, and this course, which is delivered in a classroom setting, offers a practical, hands-on approach that delivers the skills and confidence to employ first aid abilities in a real-life situation. Each learner is evaluated throughout the course using a variety of hands-on examples, Q&A sessions, quizzes, and engaging activities, including roleplay, that are intended to coach and support them. Find out more about the criteria and quality of our courses.

The maximum group size is 12 individuals, and participants must be capable of participating to ensure that you have the best learning experience possible. Each learner receives a training kit with a variety of resources to assist them in putting the skills they have learned into practise.

You will earn a certificate for emergency first aid at work upon successful completion of this course, which is good for three years. The Health and Safety (First Aid) Regulations of 1981 are complied with by this training.

For this course, the HSE requires six contact hours. Throughout the course, assessment is done by ongoing observation and questioning.

FAQs

What does EFAW mean?

Emergency first aid at work is referred to as EFAW. This one-day certification aims to provide first responders working in low-risk situations with the knowledge and abilities they need to handle an emergency first aid emergency.

What is the difference between EFAW and FAW?

First aiders who work in small or low-risk workplaces should take a one-day Emergency First Aid at Work (EFAW) training. Designed for bigger or higher-risk contexts, a 3-day First Aid at Work (FAW) training will cover a wider spectrum of illnesses and emergencies.

What types of workplaces is this course suitable for?

Courses on emergency first aid at work are appropriate for settings where no specific dangers or illnesses have been identified by the first aid needs assessment. Small and/or low-risk settings, such stores, and offices, are the perfect fit for this one-day course.

Is this first aid course also suitable for people who are wanting to attain or renew their SIA license?

Yes, the Security Industry Authority's (SIA) requirements for persons seeking to obtain or renew their SIA licence are fully satisfied by the Emergency First Aid at Work course. However, you might choose to finish the more thorough First Aid at Work 3-Day Course if you have discovered any specific dangers that are not addressed by the 1-Day Emergency First Aid at Work Course.